



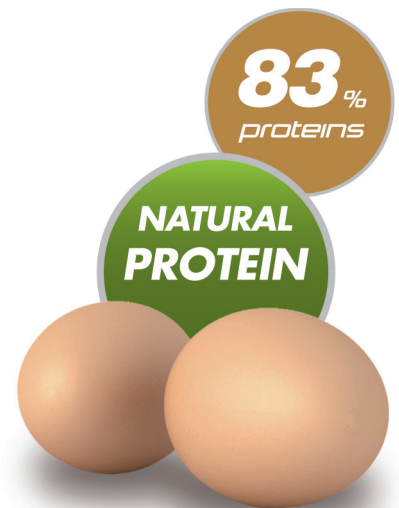
Egg Protein

ovofull
Basic

EGG WHITE
DEHYDRATED & PASTEURIZED

- ONLY 30 G (4 SCOOPS) OF BASIC IS EQUALS 8 EGG WHITE.
- CONTAINS 18 AMINO ACIDS (ALL ESSENTIAL)
- IDEAL TO DRINK SMOOTHIES OR COOKING.
- YOU DO NOT NEED REFRIGERATION
- HIGH EXPIRATION

COOK OR DRINK



PROTEIN OF HIGH BIOLOGICAL VALUE

In Ovofull Basic we have a high content of natural proteins, as the dried egg white (ovalbumin) is its main ingredient. Its neutral taste allows you to mix any drink Ovofull Basic or with water for cooking, so you can take at any time of day. It contains no fat or added sugars. Ovofull Basic is a source of folic acid (vitamin B9) and riboflavin (vitamin B2). This product has been heat treated against salmonella.

Recommendations for use.

***Drinking in shakes, mix with:**

- Dairy products (skim milk, flavored smoothies, yoghurt)
- Drink soy (soy milk, soy beverage flavor)
- Fruit juices (recommended to use blender)
- Nutritional supplements, whey, carbs ... (Example, water + whey + Basic)

*Get White liquid egg:

He adds four scoops of Ovofull Basic (equivalent to 8 egg whites) at 250ml of water at room temperature and stirred vigorously until a homogeneous mixture and cook to taste.

OVOFULL BASIC VS EGG WHITE LIQUID WITH COLD

	Ovofull Basic (Egg White dehydrated & pasteurized)	Egg white liquid pasteurized with cold
Proteins in 100g of products	83 gramos	10g, approx.
Proteins in 30g of products	25 gramos	3g, approx.
Number of egg white	30 grams= 8 egg white.	30 grams= 1 egg white, approx.
Expiration	Long	Short
Need Refrigeration?	No	Yes
How to use	do not need cooking. 100% uptake of the protein.	Cook needed for assimilation of the protein.

OVOFULL BASIC

Nutritional Facts	100 g	30 g (1 service) 4 Scoops
Energy Value	388 Kcal/1625 Kj.	116 Kcal/485 Kj.
Protein	83,00 g	24,90 g
Carbohydrates	4,00 g	1,20 g
Fat	0,20 g	0,06 g

Aminoacid:	100 g	30 g (1 service) 4 Scoops
Isoleucine	4,30 g	1,29 g
Leucine	6,80 g	2,04 g
Valine	5,60 g	1,68 g
TOTAL BCAA'S	16,70 g	5,01 g
Lysine	5,10 g	1,53 g
Threonine	3,60 g	1,08 g
Methionine	3,00 g	0,90 g
Phenylalanine	4,70 g	1,41 g
Tyrosine	3,20 g	0,96 g
Alanine	5,00 g	1,50 g
Arginine	4,60 g	1,38 g
Aspartic Acid	8,20 g	2,46 g
Glutamic Acid	10,50 g	3,15 g
Glycine	2,80 g	0,84 g
Histidine	1,90 g	0,57 g
Proline	3,10 g	0,93 g
Serine	5,50 g	1,65 g
Tryptophan	1,30 g	0,39 g
Cystine	2,20 g	0,66 g

INGREDIENTS

Egg White dehydrated & pasteurized



GLUTEN
FREE

FAT
FREE

LACTOSE
FREE

ASPARTAME
FREE

25
GRAMS OF PROTEIN
PER SERVING